

# **GBI Europe – Amsterdam to Frankfurt**



Several hundreds of ambitioned cyclists will follow the call of the Global Biking Initiative and start their charity cycling from Amsterdam through the BeNeLux countries to Frankfurt in 2020.

We offer a large variety of service to enable all interested cyclists to participate in this event. Even less trained cyclists can handle the routes in the team. And if you cannot finish a stage, our pickup team will be ready to take you to the days destination.

The Global Biking Initiative (GBI) wants to show you the most interesting places in Europe the sportive way. We are proud of our international participants that make it easy for everybody to make new friends from other countries. Our main

goal is the continuous support of charity projects worldwide. We achieve this by engaging the participants to raise funds that support charity projects in their home countries.

### **Tour highlights**

- ✓ Discover lively Amsterdam
- Pedal on excellent cycling paths through the Netherlands
- ✓ Enjoy Belgium beer and Dutch frikandels
- Climb the challenging hills of the Ardennes
- ✓ Cross numerous vineyards along the Moselle
- ✓ Catch sight of the unique Frankfurt skyline

### At a glance

Date: June 7<sup>th</sup> – 13<sup>th</sup> June, 2019 Duration: 7 cycling days (6 nights)

Event type: guided charity cycling holiday

Participants: approx. 400 cyclists

Distance: approx. 650 km (Track 1) / 850 km (Track 2)

Participation fee: from € 349 Tour accommodation: from € 149

More services (e.g. pre-night accommodation, bike &

bus transportation, rental bikes) available

Minimum donation: € 150-250 (depending on your country)

Online registration (Jan. 1 – March 31):

www.gbi-europe.org

### Included services

- ✓ Quick and easy online registration
- ✓ Luggage transport each day
- ✓ Service busses along the route for pick-up service
- ✓ Up to 50 fast, intermediate & leisure speed groups to suit all abilities & preferences
- ✓ 2 different stage distances each day available
- ✓ Experienced team leaders with GPS devices
- ✓ All kinds of bicycles are welcome (Roadbike, MTB, Touringbike, Pedelecs, etc.)
- ✓ GPX tracks of all days for download
- ✓ Official tour jersey & GBI bike bottle
- ✓ Online media service
- ✓ Route information and daily news
- ✓ Detailed and up-to-date event information
- ✓ Nutrition points on each stage (with energy drinks, bars and fruits)
- Refreshments and barbecue for reasonable prices at the GBI Camp
- ✓ Technical bike support on all stages
- ✓ Medical support with mobile paramedics
- ✓ Physio support/sports massages
- ✓ Secured bike park
- ✓ Opening ceremony
- ✓ Closing event with music, refreshments & donation cheque handover
- ✓ A lot of fun, unforgettable moments, great international and cross-cultural companionship, challenging moments and radiant eyes



## **GBI Europe – Amsterdam to Frankfurt**

### **Tour description**

After the opening ceremony and the obligatory team photo the cycling teams start their tour individually. From the tour start we will start crossing the Netherlands on perfect cycling paths and mostly flat terrain.



After three days of flat but windy cycling we will reach the southern parts of the Netherlands and it will become very hilly. The Ardennes in Belgium and Luxembourg promise some challenging climbs. And certainly some tastes of the spring classic cycling races will be added for track 2. After we have passed Luxembourg we head for the Moselle valley and the hills of the Eifel and Hunsrueck.

On the last cycling day, we will all join together for the traditional group cycling towards the impressive skyline of Frankfurt. After reaching the welcome arch at the tour finish the team mates will raise the glasses on a stunning cycling experience with lots of new friends, great companionship and a week full of new impressions and sports. The handover of the donation cheque and the announcement of the route for next years' GBI Europe tour are some of the highlight before the charity riders have to say goodbye and start their journey back home.



## Route characteristics & topography

We mainly cycle on minor roads or well paved cycling paths without car traffic. In particular the cycling infrastructure in the Netherlands is exceptional. If unavoidable, we may cycle on major roads for a limited distance.

The major part of the Netherlands is pretty flat, but annoying headwind may occur. The southern parts of the Netherlands as well as Belgium and Luxembourg are quite hilly with significant heights and climbs. North and south of the Moselle valley there are also hilly areas of the Eifel and Hunsrueck.

### We cycle for charity

Every participant commits to raise a donation for a charity project in his home country. The minimum donation depends on your country and varies between € 150 − 250. For more details contact your country champion (www.gbi-event.org -> About us).

### **Travel information**

Flights: very good international connections to Amsterdam Schiphol

Train & bus: connections to Amsterdam main station

GBI bus service: optional bus service from Düsseldorf or Frankfurt to the tour start location of the day prior to tourstart, return bus from Frankfurt to Düsseldorf after the welcome party